

**Week 1** 31<sup>st</sup> Oct - 4<sup>th</sup> Nov, 21<sup>st</sup> - 25<sup>th</sup> Nov,  
12<sup>th</sup> - 16<sup>th</sup> Dec, 9<sup>th</sup> -13<sup>th</sup> Jan, 30<sup>th</sup> Jan - 3<sup>rd</sup> Feb,  
27<sup>th</sup> Feb - 2<sup>nd</sup> Mar, 19<sup>th</sup> - 23<sup>rd</sup> Mar

**Monday**

**Salmon Fish Fingers**  
**Cheese Omelette (V)**  
**Spicy & Plain Potato Wedges, Peas**  
**Sultana Rice Pudding**

**Tuesday**

**Moussaka**  
**Leek & Spinach Cheesy Bake (V)**  
**Sweetcorn**  
**Apricot Flapjack**

**Wednesday**

**Jacket Potato Day- Various Fillings**  
**Veggie Chilli (V)**  
**Chilli con Carne**  
**Fruit Yogurt**

**Thursday**

**Roast Chicken**  
**Spicy Lentil Bake (V)**  
**Roast Potatoes & Parsnips, Savoy Cabbage**  
**Chocolate Mousse**

**Friday**

**Cod in Tomato Sauce**  
**Spinach & Ricotta Pasta in Tom. Sauce (V)**  
**Sauté Potatoes, Sliced Green Beans**  
**Carrot Cake**

**Salad and Jacket Potatoes are available daily.**  
**Fresh fruit is available daily**  
**(V) Vegetarian**

**Week 2** 7<sup>th</sup> - 11<sup>th</sup> Nov, 28<sup>th</sup> Nov - 2<sup>nd</sup> Dec,  
19<sup>th</sup> - 20<sup>th</sup> Dec, 16<sup>th</sup> - 20<sup>th</sup> Jan, 6<sup>th</sup> - 10<sup>th</sup> Feb,  
5<sup>th</sup> - 9<sup>th</sup> Mar, 26<sup>th</sup> - 30<sup>th</sup> Mar

**Monday**

**Ham Macaroni Cheese**  
**Macaroni Cheese (V)**  
**Broccoli**  
**Apricot Shortbread**

**Tuesday**

**Chicken Korma**  
**Thai Veggie Stirfry (V)**  
**Rice, Sweetcorn, Naan Bread**  
**Apple & Sultana Crumble with Custard**

**Wednesday**

**Pizza Day**  
**Veggie Pizza (V)**  
**Mini Corn on the Cob, Pot of Mixed Salad**  
**Fresh Fruit Salad**

**Thursday**

**Meatballs in Tomato Sauce**  
**Ratatouille with Mozzarella on Spaghetti(V)**  
**Baton Carrots, Spaghetti**  
**Frozen Fruit Smoothie**

**Friday**

**Smart Crumb Baked Cod**  
**Julie's Fab Quiche (V)**  
**Oven Chips, Peas, Carrots, Sweetcorn**  
**Banana Cake**

**Salad and Jacket Potatoes are available daily.**  
**Fresh fruit is available daily**  
**(V) Vegetarian**

**Week 3** 14<sup>th</sup> - 18<sup>th</sup> Nov, 5<sup>th</sup> - 9<sup>th</sup> Dec,  
5<sup>th</sup> - 6<sup>th</sup> Jan, 23<sup>rd</sup> - 27<sup>th</sup> Jan, 20<sup>th</sup> 24<sup>th</sup> Feb,  
12<sup>th</sup> - 16<sup>th</sup> Mar

**Monday**

**Pork Sausages**  
**Veggie Sausages (V)**  
**Mashed Potatoes, Peas**  
**Chocolate & Beetroot Cake**

**Tuesday**

**Moroccan Lamb**  
**Butternut Squash & Chick Pea Curry (V)**  
**Lemon Couscous, Brown Rice, Sweetcorn**  
**Fruit Jelly & Cream**

**Wednesday**

**Cottage Pie**  
**Vegetarian Cottage Pie (V)**  
**Sliced Carrots**  
**Frozen Yogurt**

**Thursday**

**BBQ Chicken**  
**Tomato & Red Pepper Pasta (V)**  
**Jacket Wedges, Whole Green Beans**  
**Apple & Pear Pudding, Custard**

**Friday**

**Spaghetti Bolognese**  
**Cheesy Roasted Winter Vegetables (V)**  
**Sweetcorn, Garlic Bread**  
**Fruity Friday**

**Salad and Jacket Potatoes are available daily.**  
**Fresh fruit is available daily**  
**(V) Vegetarian**